



# Going back to school

With some children returning to their schools under very unusual conditions here are some simple discussion and prayer activities to help talk through the return to school.

**Ask:** What are your worries or fears about going back to school?

**Remember:**

**1 Peter 5 v 7**

Give all your worries to him because he cares about you.

**Cast away your worries**

Write or draw your worries or fears on a piece of paper then fold it into a paper aeroplane and throw it as far away as you can. Remember that wherever we are we can give our worries and fears straight to God.

**Ask:** What is going to be different to normal when you are at school? How do you feel about these changes?

**Recognise the good and the bad**

Try to find the positives in the midst of the change – talk about the many ways you have already adapted to learning at home during lockdown – why not write your own positive attitude mantra to use throughout the day!

**Remember!**

**Hebrews 13 v 8**

Jesus Christ is the same yesterday, today, and forever.

**Ask:** What are you most looking forward to about going back to school?



**Remember!**

**Jeremiah 29 v 11**

I have good plans for you, not plans to hurt you. I will give you hope and a good future.

**Pray for your bubble!**

Draw a picture of all those who are in your bubble at school. Ask God to protect them and to help them all to be good friends to one another and to make sure nobody feels left out.

Why not commit to praying for one person from your bubble every day, that they would be brave, feel safe and know God's love.

